



E. M. R. S. S.

**Euro Mediterranean
Rehabilitation Summer School**

Siracusa, Italy

E.M.R.S.S.

Euromediterranean PRM School

" Haim Ring "

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

website: www.emrssi.it

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17th E.M.R.S.S. COURSE

Programme

LONG COVID
(W.H.O. = Post Covid 19 Condition)
SILENT DAMAGE

TELEREHABILITATION

PROLOTHERAPY

Siracusa 13-14-15-16 November 2022

Venue: Jolly Aretusa Palace Hotel

President E.M.R.S.S. - Francesco Cirillo

Scientific Committee: Gulseren Akyuz, Nikos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Pietro Fiore, Calogero Foti, Marco Franceschini, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Jorge Lains, Milica Lazovic, Stephen Zammit, Mauro Zampolini

Local Committee: Salvatore Calvaruso, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Michele Vecchio, Stephen Zammit, Alfredo Zambuto.



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Sunday November 13th, 2022
19.30 - NETWORKING EVENT
Jolly Aretusa Palace Hotel

Day 1: Monday, November 14th, 2022
Morning Session h. 09.30 – 13.30

Chairperson: Gimigliano F. – Beretta G.

- | | |
|--------------|---|
| 09:00 | Registration |
| 09:30 | Welcome by Beretta G. SIMFER President.
Greetings from the authorities. |
| 10:00 | Long Covid: post-disease effects or a continuation of the disease? Boldrini P. |
| 10:30 | The impact of long covid on patients' health and on the organization of rehabilitation structures. Xanty M. |
| 11:00 | Break |
| 11:30 | TEAM work in the management of Long Covid- Lains J.- |
| 12:00 | Risk communication and storytelling between Pandemic and Long Covid – Botta V. |
| 12:30 | The electromyographic study of post-covid myopathies- Vecchio M. |
| 13:00 | Discussion |
| 13:30 | Light Lunch |



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Afternoon Session

Chairperson: Gimigliano R. – Ceravolo M.G.



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- | | |
|--------------|---|
| 14:30 | COVID-19 pandemic. What should Physical and Rehabilitation Medicine specialists do? A clinician's perspective –Carda S, |
| 15:00 | Smell and taste disturbances in post Long Covid patients - Grabljevec K. |
| 15:30 | Long covid damage to the central nervous system – Ceravolo M.G. |
| 16:00 | Break |
| 16:30 | Neurocovid and Long Covid: behavioral modifications – Ruggeri M. |
| 17:00 | Impact of long covid in oncological pathology – Tralongo P. |
| 17:30 | Systematic rapid "living" review on rehabilitation needs due to COVID-19: update – De Sire A. |
| 18:00 | Discussion |
| 18:30 | End of Session |



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Day 2 – Tuesday 15 November 2022

Morning Session

Chairperson : Christodoulo N. – Lazovic M.

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|--------------|---|
| 09:00 | Lesson learned on evidence from the covid 19 pandemic – Negrini S. |
| 09:30 | W.H.O. clinical guidelines on rehabilitation of post covid 19 condition - Kiekens C. |
| 10:00 | Functioning profile of COVID-19 patients and survivors across the care continuum: clinfit COVID-19- Gimigliano F. |
| 10:30 | Break |
| 11:00 | Long Covid treatment: pharmacological support- Marano P. |
| 11:30 | Respiratory problems in the long covid- Mandalà G. |
| 12:00 | Thermalism and long covid: what perspectives? – Lazovic M. |
| 12:30 | Thermalism in Sicily- Opportunities in a path of health – CocoV. |
| 13:00 | Discussion |
| 13:30 | Light Lunch |



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Afternoon Session

Chairperson: Foti C. – Grablievec K.

- | | |
|--------------|---|
| 14:30 | Telerehabilitation experiences during the pandemic induced by Covid-19: limits and perspectives- Cannata G. |
| 15:00 | Telemedicine in Rehabilitation Medicine: enrichment potential for activities defined as Telerehabilitation- Giustini A. |
| 15:30 | Telerehabilitation in neurodegenerative diseases: opportunity or temporary solution? - Marano M. |
| 16:00 | Break |
| 16:30 | Our experience on the efficiency- effectiveness of remote rehabilitation- Christodoulo N, Barotsis N., Grablievec K., Lazovic M., Carda S., Xanty M., Zammit S. |
| 17:00 | Cochrane: which evidence for telerehabilitation?- Gimigliano F. |
| 17:30 | What do young trainees think about telerehabilitation?
Discussant: Mauro Zampolini - |
| 18:00 | End of Session |
| 18:15 | Meeting of the scientific committee |
| 21:00 | Evening together in Ortigia |



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Day 3 – Wednesday 16 November 2022

Morning Session

Chairperson: Barotsis N. – Letizia Mauro G.



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- 09:00** Lesson learned in my first 45 years as a physiatrist and researcher - Franchignoni F.
- 09:45** History of the EMRSS and future prospective - Cirillo F.
- 10.15** Break
- 10:45** The expectations of us young people: interventions and proposals of students for the rehabilitation of the future. Discussant: Zammit S. – Miccichè G.
- 11:30** The involvement of the scientific society and the LIONS (largest service association in the world) in favor of these experiences.
 Interventions: International Director LIONS Club - ISPRM President- ESPRM President- UEMS President- UEMS Section for PRM President - Mediterranean Forum PRM.
- 12:30** **Delivery of certificates –**
- 13:30** Light Lunch



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Afternoon: Special Session

Chairperson: Cirillo F. – Zammit S.

PROLOTHERAPY INFILTRATIVE THERAPY

Venue: S. Angela Merici Foundation

14:30 General notions of Prolotherapy & Neuroprolotherapy
Cavallino S.

15:30 **Practical demonstrations:**

Headache and migraine
 Fibromyalgia
 Tendinitis
 Carpal tunnel syndrome
 Low back pain
 Gonarthrosis
 Metatarsalgia (Morton's neuroma)

17:30 Discussion

18:00 **End of Session and closing of the course**



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FACULTY

Barotsis N.* President of the UEMS PRM Board - Greece

Beretta G. – SIMFER President - Italy

Boldrini P. ESPRM Secretary - Past President SIMFER -Italy

Botta V. – CEFPASS e USC Assessorato Regionale alla Sanità Sicilia

Cannata G. – Conf. Researcher - Adjunct Prof. University "Tor Vergata" Rome

Carda S.* University Hospital (CHUV), Lausanne

Cavallino S. * - President of European Prolotherapy Society

Ceravolo M.G. – Full Professor PRM- Politecnica delle Marche University.

Christodoulo N.* ESPRM President - Cyprus

Cirillo F. – EMRSS President- Italy

Coco V. – Regional SIMFER Secretary – Sicilia

De Sire A. - Professor PRM Department of University of Magna Graecia of Catanzaro,

Foti C. Full Professor PRM Tor Vergata University – Rome-

Franchignoni F. Herman J. Flax Premium - International Rehabilitation Medicine Association (ISPRM)

Gimigliano F. -ISPRM President- Full Professor PRM Vanvitelli University Naples

Gimigliano R. – Director DAI - PRM Vanvitelli University – Naples

Giustini A. – Scientific Director PRM S. Pancrazio Hospital - Arezzo

Grabljevec K.* - University Rehabilitation Institute – Slovenia

Lains J.* Medical Director Deputy - Rehabilitation Centre for the Central Region of Portugal – Rovisco Pais Hospital

Lazovic M.* -Mediterranean Forum PRM . President- Belgrade

Letizia Mauro G. . Full Professor PRM Palermo University – Palermo

Mandalà G. -Director of the Rehabilitation Complex Operating Unit - Buccheri La Ferla Fatebenefratelli Hospital – Palermo

Marano M. - Department of Medicine, University Campus Bio-Medico of Rome -Italy

Marano P. - M.D, Physiatrist – Catania –

Miccichè G. M.D. - LIONS delegate of youth exchanges

Negrini S. - Full Professor PRM “La Statale” University of Milan and IRCCS Orthopaedic Institute “Galeazzi” - Milan

Kiekens C.* M.D. Physiatrist IRCCS MultiMedica – Milan – Coming from Department of PRM University Hospitals Leuven – Belgium

Ruggeri M. M.D. Neuropsychiatrist -Messina

Vecchio M. - Professor PRM- Catania University –

Xanthi M.* – Past President ESPRM- Greece

Tralongo P. Director U.O.C. Oncology ASP Syracuse

Zammit S. * M.D. Physiatrist - La Valletta - Malta

Zampolini M. -President of the UEMS Section for PRM - Italy

*** Foreign Teachers .**



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It is possible that there are any changes to the program and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS and SIMFER website.



Any further information will be published on the website www.emrss.it and www.simfer.it



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CONTACTS:

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